

# Beratungsstelle

für mobile Beschäftigte  
in Niedersachsen



We advise you on  
issues related to work  
and employment  
in Lower Saxony.

***Arbeit und  
Leben***

NIEDERSACHSEN

# Do you come from a member state of the European Union and work in Lower Saxony?

Do you have any questions concerning work and you do not know who or where to ask?



## Do you want to know...

- whether your contract is correct?
- whether you receive the wage or more specifically the minimum wage that you are entitled to?
- how to assert your claims?
- how many days holiday you are entitled to?
- whether you have social insurance (health insurance)?
- if deductions from your wage are justified?
- if your dismissal is valid or whether you enjoy protection against dismissal?

## We offer

- consultations in our advice centres; or if possible, at your location, by phone or by e-mail,
- information on your rights and obligations as an employee or self-employed person in Germany,
- information on statutory requirements regarding working conditions and remuneration as well as applicable tariffs,
- support in contacts and correspondence with authorities and other institutions.
- consultations in various languages such as German, Bulgarian, English, Polish, Romanian, Russian, Spanish and Hungarian. Consultation in other languages is possible with the assistance of an interpreter.

We advise you in your native language, confidentially and free of any charge. Contact us and make an appointment.

# Our advice centres

## Advice centre Hanover

**Arndtstraße 20 • 30167 Hannover**

+49 511 12105-66 / -67 / -68 / -69

hannover@beratungsstelle.mobi

**Dr. Katarzyna Zentner**



mobile: +49 152 55991663

**Paul-Octavian Idu**



mobile: +49 152 55991687

**Mireia Gomez**



mobile: +49 176 30189955

**Karolina Aqabat**



mobile: +49 0159 06571788

## Advice centre Oldenburg

**Huntestraße 12 • 26135 Oldenburg**

+49 441 92490-13 / -21

oldenburg@beratungsstelle.mobi

**Daniela Reim**



mobile: +49 151 12344751

**Nadezhda Manova**



mobile: +49 151 70832693

## Advice centre Lüneburg

**Heiligengeiststraße 28 • 21335 Lüneburg**

+49 4131 927509-5 / -6

lueneburg@beratungsstelle.mobi

**Tanja Gole**



mobile: +49 157 81550859



**Roza Tanka**



mobile: +49 152 52786477

## Advice centre Braunschweig

**Gewerkschaftshaus Braunschweig**

**Wilhelmstraße 5 • 38100 Braunschweig**

+49 531 60187900

braunschweig@beratungsstelle.mobi

**Mariya Krumova**



mobile: +49 157 52475576

**Alicja Bartosik**



mobile: +49 157 58266873

## Advice centre Osnabrück

**August-Bebel-Platz 1 • 49074 Osnabrück**

+49 541 33807-1812 / -1817

osnabrueck@beratungsstelle.mobi

**Evguenia Nedialkova**



mobile: +49 1590 6223176

**Réka Roch**



mobile: +49 1590 6223996

# Arbeit und Leben

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The agency responsible for managing and operating the advice centres is

## **Bildungsvereinigung Arbeit und Leben Niedersachsen Management- und Führungsholding GmbH**

Project Manager/Chief Executive Director:

Maximilian Schmidt

Arndtstraße 20 • 30167 Hannover

+49 511 12105-50 • info@aul-nds.de

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Stadt



**Braunschweig**



**WOLFSBURG**



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KINDER FÖRDERN UND FAMILIEN UNTERSTÜTZEN